

laws that are just; 16 by me princes govern, and all nobles who rule on earth. 17 I love those who love me, and those who seek me find me. 18 With me are riches and honor, enduring wealth and prosperity. 19 My fruit is better than fine gold; what I yield surpasses choice silver. 20 I walk in the way of righteousness, along the paths of justice, 21 bestowing wealth on those who love me and making their treasuries full. 22 "The LORD brought me forth as the first of his works, before his deeds of old; 23 I was appointed from eternity, from the beginning, before the world began. 24 When there were no oceans, I was given birth, when there were no springs abounding with water; 25 before the mountains were settled in place, before the hills, I was given birth, 26 before he made the earth or its fields or any of the dust of the world. 27 I was there when he set the heavens in place, when he marked out the horizon on the face of the deep, 28 when he established the clouds above and fixed securely the fountains of the deep, 29 when he gave the sea its boundary so the waters would not overstep his command, and when he marked out the foundations of the earth. 30 Then I was the craftsman at his side. I was filled with delight day after day, rejoicing always in his presence, 31 rejoicing in his whole world and delighting in mankind. 32 "Now then, my sons, listen to me; blessed are those who keep my ways. 33 Listen to my instruction and be wise; do not ignore it. 34 Blessed is the man who listens to me, watching daily at my doors, waiting at my doorway. 35 For whoever finds me finds life and receives favor from the LORD. 36 But whoever fails to find me harms himself; all who hate me love death."

Isaiah 66:2-3 Has not my hand made all these things, and so they came into being?" declares the LORD. "This is the one I esteem: he who is humble and contrite in spirit, and trembles at my word.

John 1:14 The Word became flesh and made his dwelling among us. We have seen his glory, the glory of the One and Only, who came from the Father, full of grace and truth.

Phil 1:27-30 Whatever happens, conduct yourselves in a manner worthy of the gospel of Christ. Then, whether I come and see you or only hear about you in my absence, I will know that you stand firm in one spirit, contending as one man for the faith of the gospel 28 without being frightened in any way by those who oppose you. This is a sign to them that they will be destroyed, but that you will be saved — and that by God. 29 For it has been granted to you on behalf of Christ not only to believe on him, but also to suffer for him, 30 since you are going through the same struggle you saw I had, and now hear that I still have.

MONDAY

Meditation, focused reflection on the truth of God's Word and allowing the Spirit to sanctify us into His likeness.

Ps 1:2 But his delight is in the law of the LORD, and on His law he meditates day and night. NIV

Ps 19:7-11 The law of the LORD is perfect, reviving the soul. The statutes of the LORD are trustworthy, making wise the simple. 8 The precepts of the LORD are right, giving joy to the heart. The commands of the LORD are radiant, giving light to the eyes. 9 The fear of the LORD is pure, enduring forever. The ordinances of the LORD are sure and altogether righteous. 10 They are more precious than gold, than much pure gold; they are sweeter than honey, than honey from the comb. 11 By them is your servant warned; in keeping them there is great reward. NIV

Isa 66:2 Has not my hand made all these things, and so they came into being?" declares the LORD. NIV.

Jn 17:17-18 Sanctify them by the truth; your word is truth. NIV

Sabbath, to rest in the Lord outside of our "todo" list.

Lev 20:7-8 "Consecrate yourselves and be holy, because I am the LORD your God. 8 Keep my decrees and follow them. I am the LORD, who makes you holy. NIV

Dt 6:4-9 Hear, O Israel: The LORD our God, the LORD is one. 5 Love the LORD your God with all your heart and with all your soul and with all your strength. 6 These commandments that I give you today are to be upon your hearts. 7 Impress them on your children. Talk about them when you sit at home and when you walk along the road, when you lie down and when you get up. 8 Tie them as symbols on your hands and bind them on your foreheads. 9 Write them on the doorframes of your houses and on your gates. NIV

2 Co 7:1 Since we have these promises, ... (2 Co 6:17-18 Touch no unclean thing, and I will receive you." 18 "I will be a Father to you, and you will be my sons and daughters, says the Lord Almighty.")

...dear friends, let us purify ourselves from everything that contaminates body and spirit, perfecting holiness out of reverence for God.

Heb 12:14-15 Make every effort to live in peace with all men and to be holy; without holiness no one will see the Lord. NIV

Solitude, to be away from the multiple layers of noise...seeking stillness and quiet with the Lord.

Ps 46:8-10 Come and see the works of the LORD, the desolations he has brought on the earth. 9 He makes wars cease to the ends of the earth; he breaks the bow and shatters the spear, he burns the shields with fire. **10 "Be still, and know that I am God;** I will be exalted among the nations, I will be exalted in the earth." NIV

Mk 1:35-39 Very early in the morning, while it was still dark, Jesus got up, left the house and went off to a solitary place, where he prayed. 36 Simon and his companions went to look for him, 37 and when they found him, they exclaimed: "Everyone is looking for you!" 38 Jesus replied, "Let us go somewhere else—to the nearby villages—so I can preach there also. That is why I have come." 39 So he traveled throughout Galilee, preaching in their synagogues and driving out demons. NIV

1 Ki 19:11-13 The LORD said, "Go out and stand on the mountain in the presence of the LORD, for the LORD is about to pass by."

Then a great and powerful wind tore the mountains apart and shattered the rocks before the LORD, but the LORD was not in the wind. After the wind there was an earthquake, but the LORD was not in the earthquake. 12 After the earthquake came a fire, but the LORD was not in the fire. And after the fire came a gentle whisper. 13

When Elijah heard it, he pulled his cloak over his face and went out and stood at the mouth of the cave. Then a voice said to him, "What are you doing here, Elijah?" NIV

Ex 34:5-7 – Moses standing before the LORD.

5 Then the LORD came down in the cloud and stood there with him and proclaimed his name, the LORD. 6 And he passed in front of Moses, proclaiming, "The LORD, the LORD, the compassionate and gracious God, slow to anger, abounding in love and faithfulness, 7 maintaining love to thousands, and forgiving wickedness, rebellion and sin. Yet he does not leave the guilty unpunished; he punishes the children and their children for the sin of the fathers to the third and fourth generation." NIV

foolish man who built his house on sand. 27 The rain came down, the streams rose, and the winds blew and beat against that house, and it fell with a great crash."

1 Corinthians 3:10-14 By the grace God has given me, I laid a foundation as an expert builder, and someone else is building on it. But each one should be careful how he builds. 11 For no one can lay any foundation other than the one already laid, which is Jesus Christ. 12 If any man builds on this foundation using gold, silver, costly stones, wood, hay or straw, 13 his work will be shown for what it is, because the Day will bring it to light. It will be revealed with fire, and the fire will test the quality of each man's work. 14 If what he has built survives, he will receive his reward. 15 If it is burned up, he will suffer loss; he himself will be saved, but only as one escaping through the flames.

Galatians 1:10 Am I now trying to win the approval of men, or of God? Or am I trying to please men? If I were still trying to please men, I would not be a servant of Christ.

Wisdom, the fruit of the Spirit lived out, is a life of wisdom: His Word guiding my mouth, my actions & all of life.

Job 28:28 And he said to man, 'The fear of the Lord — that is wisdom, and to shun evil is Understanding.'"

Psalms 127:1 A song of ascents. Of Solomon. Unless the LORD builds the house, its builders labor in vain. Unless the LORD watches over the city, the watchmen stand guard in vain.

Proverbs 8:1-31 Does not wisdom call out? Does not understanding raise her voice? 2 On the heights along the way, where the paths meet, she takes her stand; 3 beside the gates leading into the city, at the entrances, she cries aloud: 4 "To you, O men, I call out; I raise my voice to all mankind. 5 You who are simple, gain prudence; you who are foolish, gain understanding. 6 Listen, for I have worthy things to say; I open my lips to speak what is right. 7 My mouth speaks what is true, for my lips detest wickedness. 8 All the words of my mouth are just; none of them is crooked or perverse. 9 To the discerning all of them are right; they are faultless to those who have knowledge. 10 Choose my instruction instead of silver, knowledge rather than choice gold, 11 for wisdom is more precious than rubies, and nothing you desire can compare with her. 12 "I, wisdom, dwell together with prudence; I possess knowledge and discretion. 13 To fear the LORD is to hate evil; I hate pride and arrogance, evil behavior and perverse speech. 14 Counsel and sound judgment are mine 15 By me kings reign and rulers make

Calendar, The calendar you live reflects His Lordship of your life, not man's 'lordship' over you.

Ecclesiastes 3 There is a time for everything, and a season for every activity under heaven:

2 a time to be born and a time to die,
a time to plant and a time to uproot,
3 a time to kill and a time to heal,
a time to tear down and a time to build,
4 a time to weep and a time to laugh,
a time to mourn and a time to dance,
5 a time to scatter stones and a time to gather them,
a time to embrace and a time to refrain,
6 a time to search and a time to give up,
a time to keep and a time to throw away,
7 a time to tear and a time to mend,
a time to be silent and a time to speak,
8 a time to love and a time to hate,
a time for war and a time for peace.

9 What does the worker gain from his toil? 10 I have seen the burden God has laid on men. 11 He has made everything beautiful in its time. He has also set eternity in the hearts of men; yet they cannot fathom what God has done from beginning to end. 12 I know that there is nothing better for men than to be happy and do good while they live. 13 That everyone may eat and drink, and find satisfaction in all his toil — this is the gift of God. 14 I know that everything God does will endure forever; nothing can be added to it and nothing taken from it. God does it so that men will revere him. 15 Whatever is has already been, and what will be has been before; and God will call the past to account. 16 And I saw something else under the sun: In the place of judgment — wickedness was there, in the place of justice — wickedness was there.

Ecclesiastes 12:13-14 14 Now all has been heard; here is the conclusion of the matter: Fear God and keep his commandments, for this is the whole [duty] of man. 14 **For God will bring every deed into judgment, including every hidden thing, whether it is good or evil.**

Matthew 7:24-27 "Therefore everyone who hears these words of mine and puts them into practice is like a wise man who built his house on the rock. 25 The rain came down, the streams rose, and the winds blew and beat against that house; yet it did not fall, because it had its foundation on the rock. 26 But everyone who hears these words of mine and does not put them into practice is like a

TUESDAY

Fasting, trusting in the strength of the Spirit from immediate gratification.

Ps 1:2 But his delight is in the law of the LORD, and on His law he meditates day and

Mt 4:4 Jesus answered, "It is written: 'Man does not live on bread alone, but on every word that comes from the mouth of God.'"

Mt 6:16 "When you fast, do not look somber as the hypocrites do, for they disfigure their faces to show men they are fasting. I tell you the truth, they have received their reward in full.

Php 3:12-21 Not that I have already obtained all this, or have already been made perfect, but I press on to take hold of that for which Christ Jesus took hold of me. 13 Brothers, I do not consider myself yet to have taken hold of it. But one thing I do: Forgetting what is behind and straining toward what is ahead, 14 I press on toward the goal to win the prize for which God has called me heavenward in Christ Jesus. 15 All of us who are mature should take such a view of things. And if on some point you think differently, that too God will make clear to you. 16 Only let us live up to what we have already attained. 17 Join with others in following my example, brothers, and take note of those who live according to the pattern we gave you. 18 For, as I have often told you before and now say again even with tears, many live as enemies of the cross of Christ. 19 Their destiny is destruction, their god is their stomach, and their glory is in their shame. **Their mind is on earthly things.** 20 But our citizenship is in heaven. And we eagerly await a Savior from there, the Lord Jesus Christ, 21 who, by the power that enables him to bring everything under his control, will transform our lowly bodies so that they will be like his glorious body.

Prayer, allowing the Holy Spirit to cultivate a deeper understanding of what it is to be in communion with Him.

Ps 86:11 Teach me your way, O LORD, and I will walk in your truth; give me an undivided heart, that I may fear your name.

Ps 94:8-13 8 Take heed, you senseless ones among the people; you fools, when will you become wise? 9 Does he who implanted the ear not hear? Does he who formed the eye not see? 10 Does he who disciplines nations not punish? Does he who teaches man lack

knowledge? 11 The LORD knows the thoughts of man; he knows that they are futile.

12 Blessed is the man you discipline, O LORD, the man you teach from your law;

13 you grant him relief from days of trouble, till a pit is dug for the wicked.

Mt 6:5-13 "And when you pray, do not be like the hypocrites, for they love to pray standing in the synagogues and on the street corners to be seen by men. I tell you the truth, they have received their reward in full. 6 But when you pray, go into your room, close the door and pray to your Father, who is unseen. Then your Father, who sees what is done in secret, will reward you. 7 And when you pray, do not keep on babbling like pagans, for they think they will be heard because of their many words. 8 Do not be like them, for your Father knows what you need before you ask him.

9 "This, then, is how you should pray:

"Our Father in heaven, hallowed be your name, 10 your kingdom come, your will be done on earth as it is in heaven. 11 Give us today our daily bread. 12 Forgive us our debts, as we also have forgiven our debtors. 13 And lead us not into temptation, but deliver us from the evil one.'

Contemplation, to reflect on the working of the Spirit in our life: heart, mind and soul

Ro 12:1-2 "Therefore, I urge you, brothers, in view of God's mercy, to offer your bodies as living sacrifices, holy and pleasing to God -this is your spiritual act of worship. 2 Do not conform any longer to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is-his good, pleasing and perfect will."

Col 3:1-2 "Since, then, you have been raised with Christ, set your hearts on things above, where Christ is seated at the right hand of God. 2 Set your minds on things above, not on earthly things."

Php 4:8-9 "Finally, brothers, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable-if anything is excellent or praiseworthy-think about such things. 9 Whatever you have learned or received or heard from me, or seen in me-put it into practice. And the God of peace will be with you.

FRIDAY

Worship, true heart expression of adoration, gratitude and appreciation demonstrated through song, prayer, writing, serving, etc. ... not an event but a lifestyle.

Psalm 33:1-3 Sing joyfully to the LORD, you righteous; it is fitting for the upright to praise him. 2 Praise the LORD with the harp; make music to him on the ten-stringed lyre. 3 Sing to him a new song; play skillfully, and shout for joy.

Psalm 71:22-23 I will praise you with the harp for your faithfulness, O my God; I will sing praise to you with the lyre, O Holy One of Israel. 23 My lips will shout for joy when I sing praise to you — I, whom you have redeemed.

Isaiah 6:1-3 In the year that King Uzziah died, I saw the Lord seated on a throne, high and exalted, and the train of his robe filled the temple. 2 Above him were seraphs, each with six wings: With two wings they covered their faces, with two they covered their feet, and with two they were flying. 3 And they were calling to one another: "Holy, holy, holy is the LORD Almighty; the whole earth is full of his glory."

Revelation 5:9-14 9 And they sang a new song: "You are worthy to take the scroll and to open its seals, because you were slain, and with your blood you purchased men for God from every tribe and language and people and nation. 10 You have made them to be a kingdom and priests to serve our God, and they will reign on the earth."

11 Then I looked and heard the voice of many angels, numbering thousands upon thousands, and ten thousand times ten thousand. They encircled the throne and the living creatures and the elders. 12 In a loud voice they sang:

"Worthy is the Lamb, who was slain, to receive power and wealth and wisdom and strength and honor and glory and praise!" 13 Then I heard every creature in heaven and on earth and under the earth and on the sea, and all that is in them, singing: "To him who sits on the throne and to the Lamb be praise and honor and glory and power, for ever and ever!"

14 The four living creatures said, "Amen," and the elders fell down and worshiped.

the supremacy. 19 For God was pleased to have all his fullness dwell in him, 20 and through him **to reconcile to himself all things**, whether things on earth or things in heaven, by making peace through his blood, shed on the cross.

Study, to prayerfully 'wrestle' with the Word of God, in all its teaching of truth, love, grace and holiness.

Ps 1:2-3 But his delight is in the law of the LORD, and on his law he meditates day and night. 3 He is like a tree planted by streams of water, which yields its fruit in season and whose leaf does not wither. Whatever he does prospers.

Ps 19:7-11 The law of the LORD is perfect, reviving the soul. The statutes of the LORD are trustworthy, making wise the simple. 8 The precepts of the LORD are right, giving joy to the heart. The commands of the LORD are radiant, giving light to the eyes. 9 The fear of the LORD is pure, enduring forever. The ordinances of the LORD are sure and altogether righteous. 10 They are more precious than gold, than much pure gold; they are sweeter than honey, than honey from the comb. 11 By them is your servant warned; in keeping them there is great reward.

Jn 20:31 But these are written that you may believe that Jesus is the Christ, the Son of God, and that by believing you may have life in his name.

1 Co 2:13-14 This is what we speak, not in words taught us by human wisdom but in words taught by the Spirit, expressing spiritual truths in spiritual words.

2 Ti 2:15-16 Do your best to present yourself to God as one approved, a workman who does not need to be ashamed and who correctly handles the word of truth.

2 Ti 3:16-17 All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness, 17 so that the man of God may be thoroughly equipped for every good work.

WEDNESDAY

Celebration, spirit-filled living that shows deep gratitude for the richness of God's love and mercy.

Ps 90:14-17 Satisfy us in the morning with your unfailing love, that we may sing for joy and be glad all our days. 15 Make us glad for as many days as you have afflicted us, for as many years as we have seen trouble. 16 May your deeds be shown to your servants, your splendor to their children. 17 May the favor of the Lord our God rest upon us; establish the work of our hands for us — yes, establish the work of our hands.

Jn 10:10 The thief comes only to steal and kill and destroy; I have come that they may have life, and have it to the full.

Jn 15:1-17 "I am the true vine, and my Father is the gardener. 2 He cuts off every branch in me that bears no fruit, while every branch that does bear fruit he prunes so that it will be even more fruitful. 3 You are already clean because of the word I have spoken to you. 4 Remain in me, and I will remain in you. No branch can bear fruit by itself; it must remain in the vine. Neither can you bear fruit unless you remain in me.

5 "I am the vine; you are the branches. If a man remains in me and I in him, he will bear much fruit; apart from me you can do nothing. **6 If anyone does not remain in me, he is like a branch that is thrown away and withers**; such branches are picked up, thrown into the fire and burned. 7 If you remain in me and my words remain in you, ask whatever you wish, and it will be given you. 8 This is to my Father's glory, that you bear much fruit, showing yourselves to be my disciples.

9 "As the Father has loved me, so have I loved you. Now remain in my love. 10 If you obey my commands, you will remain in my love, just as I have obeyed my Father's commands and remain in his love. 11 I have told you this so that my joy may be in you and that your joy may be complete. 12 My command is this: Love each other as I have loved you. 13 Greater love has no one than this, that he lay down his life for his friends. 14 You are my friends if you do what I command. 15 I no longer call you servants, because a servant does not know his master's business. Instead, I have called you friends, for everything that I learned from my Father I have made known to you. 16 You did not choose me, but I chose you and appointed you to go and bear fruit-fruit that will last. Then the Father will give you whatever you ask in my name. 17 This is my command: Love each other.

Ro 15:13 May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit.

2 Co 8:1-5 And now, brothers, we want you to know about the grace that God has given the Macedonian churches. 2 Out of the most severe trial, their overflowing joy and their extreme poverty welled up in rich generosity. 3 For I testify that they gave as much as they were able, and even beyond their ability. Entirely on their own, 4 they urgently pleaded with us for the privilege of sharing in this service to the saints. 5 And they did not do as we expected, but they gave themselves first to the Lord and then to us in keeping with God's will.

Intimacy w/the Lord, To grow in oneness with Him in spirit, mind and action.. His Word in our heart and seen in our life.

Jn 13:34-35 "A new command I give you: Love one another. As I have loved you, so you must love one another. 35 By this all men will know that you are my disciples, if you love one another." IOW – If you are not my disciple you will not be capable of truly loving one another!

1 Co 13 If I speak in the tongues of men and of angels, but have not love, I am only a resounding gong or a clanging cymbal. 2 If I have the gift of prophecy and can fathom all mysteries and all knowledge, and if I have a faith that can move mountains, but have not love, I am nothing. 3 If I give all I possess to the poor and surrender my body to the flames, but have not love, I gain nothing. IOW - Unconditional love is the acid test of authentic Christianity.

4 Love is patient, love is kind. It does not envy, it does not boast, it is not proud. 5 It is not rude, it is not self-seeking, it is not easily angered, it keeps no record of wrongs. 6 Love does not delight in evil but rejoices with the truth. 7 It always protects, always trusts, always hopes, always perseveres.

8 Love never fails. But where there are prophecies, they will cease; where there are tongues, they will be stilled; where there is knowledge, it will pass away. 9 For we know in part and we prophesy in part, 10 but when perfection comes, the imperfect disappears. 11 When I was a child, I talked like a child, I thought like a child, I reasoned like a child. When I became a man, I put childish ways behind me. 12 Now we see but a poor reflection as in a mirror; then we shall see face to face. Now I know in part; then I shall know fully, even as I am fully known.

13 And now these three remain: faith, hope and love. But the greatest of these is love.

Heb 1:3 The Son is the radiance of God's glory and the exact representation of his being, sustaining all things by his powerful word. After he had provided purification for sins, he sat down at the right hand of the Majesty in heaven.

Heb 3:1 Therefore, holy brothers, who share in the heavenly calling, fix your thoughts on Jesus, the apostle and high priest whom we confess.

Heb 12:1-11 Therefore, since we are surrounded by such a great cloud of witnesses, let us throw off everything that hinders and the sin that so easily entangles, and let us run with perseverance the race marked out for us. 2 Let us fix our eyes on Jesus, the author and perfecter of our faith, who for the joy set before him endured the cross, scorning its shame, and sat down at the right hand of the throne of God. 3 Consider him who endured such opposition from sinful men, so that you will not grow weary and lose heart.

4 In your struggle against sin, you have not yet resisted to the point of shedding your blood. 5 And you have forgotten that word of encouragement that addresses you as sons:

"My son, do not make light of **the Lord's discipline**, and do not lose heart when he rebukes you, 6 because the Lord disciplines those he loves, and he punishes everyone he accepts as a son."

7 Endure hardship as discipline; God is treating you as sons. For what son is not disciplined by his father? 8 If you are not disciplined (and everyone undergoes discipline), then you are illegitimate children and not true sons. 9 Moreover, we have all had human fathers who disciplined us and we respected them for it. How much more should we submit to the Father of our spirits and live! 10 Our fathers disciplined us for a little while as they thought best; but God disciplines us for our good, that we may share in his holiness. 11 No discipline seems pleasant at the time, but painful. Later on, however, it produces a harvest of righteousness and peace for those who have been trained by it.

Heb 13:8 Jesus Christ is the same yesterday and today and forever.

Col 1:15-20 He is the image of the invisible God, the firstborn over all creation. 16 For by him all things were created: things in heaven and on earth, visible and invisible, whether thrones or powers or rulers or authorities; all things were created by him and for him. 17 He is before all things, and in him all things hold together. 18 And he is the head of the body, the church; he is the beginning and the firstborn from among the dead, so that in everything he might have